

PROGRESSIVE

PARK GYM

Opp Ukay Centre, Mwanzi Road, Westlands

Tel: 0708085362/0789656308

Email: progressiveparkhotel@gmail.com

Website: www.progressiveparkhotel.co.ke

GYM RATES

2017

One Week – Ksh2,800

Two Weeks – Ksh4,000

Monthly – Ksh6,500

Monthly (Student) – Ksh5,900

Quarterly – Ksh16,800

Half Yearly – Ksh30,500

Yearly – Ksh46,500

OPENING HOURS

Monday to Friday: 06:00 – 21:00

Saturday: 07:00 – 18:00

Sunday: 08:00– 14:00

Includes: Gym Use; Aerobics & Sauna